



QUEST
ENRICHMENT
CENTER

EMPHASIS IN DANCE

Appropriate for:

Students seeking an understanding of the practices and theories of dance, dance history, pedagogy, and choreography and may seek a career as a dancer, dance instructor, production designer, choreographer, dance photographer/videographer, publicist, theater manager, program coordinator, recreation therapist, theater professor.

UPDATED

EDITION





EMPHASIS & HONORS OVERVIEW

Graduating with an Emphasis Cord shows a dedication to a specific subject matter; receiving an honors medallion shows application and experience of the gained knowledge. Customizable options are available. Both can open doors to opportunities with employers and universities!

APPLICATION PROCESS:

1. Plan high school classes with criteria of desired cord.
2. Document completed coursework on Quest's online application form, ([click here](#)), then save progress to be updated year after year. Planning and documentation can begin anytime during high school, but students are encouraged to begin in their freshman year.
3. Once a student has documented and included all necessary information, the form is to be submitted by the announced deadline to be reviewed.

GENERAL CRITERIA:

- Students must maintain a 3.5 GPA in classes qualifying for the particular emphasis cord.
- Students must maintain a 3.5 GPA overall in all high school classes for the honors medallion.
- The student must display honorable character and have a clean disciplinary record.

An application does not guarantee that the student will receive the cord, but students are likely to be eligible for multiple cords and may apply for up to three. This number does not include any Social Cords they may receive for the Honor Society, Student Council, or the Community Connection Chord.

DANCE CORD REQUIREMENTS

1

COURSE REQUIREMENTS

- Completion of either ballet, tap, or jazz/praise throughout all four years of high school. (This is considered your chosen dance track.)
- Complete of one choreography class **OR** perform choreograph a dance (minimum of two minutes) performed on stage.
- Six recital-type performances, one being a solo.

2

SUPPLEMENTAL CLASSES (CHOOSE 2)

- Students must take at least 2 supplemental classes along with their chosen dance track. Below are the class options correlating to each of the dances.

BALLET TRACK

- Pointe
- Praise
- Lyrical
- Leaps & Turns
- Stretch & Strength
- Acro
- Musical Theater
- Irish Dance

JAZZ/PRAISE TRACK

- Stretch & Strength
- Tap
- Leaps & Turns
- Ballet
- Jazz Funk
- Hip Hop
- Musical Theater
- Acro

TAP TRACK

- Musical theater
- Stretch & Strength
- Hip Hop
- Jazz Funk
- Ballet
- Irish Dance

3

CREDIBILITY REQUIREMENT

- Provide a transcript & Schoology grade report (instructions to download this are on the form).
- If coursework has been done outside of Quest, provide proof for class completion/grades (report card, scores email, teacher's signature).



HONORS MEDALLION REQUIREMENTS

Honors Medallions are earned through practical application and experience. **Customizable options are available for students who need accommodations.**

ELIGIBILITY

- Students must be pursuing the athletic emphasis cord and must maintain a 3.5 GPA average in high school.
- Unlike the emphasis cord, a medallion requires prior approval of the student's plan for this honor. Approval must be received prior to starting any apprenticeship, internship, practicum, or senior project.
- Students must complete the approved plan before graduation.

APPLICATION PROCESS

1. Choose a minimum of 2 medallion options below and enter them in the online form ([click here](#)) to be approved.
2. After receiving approval, document your progress on the emphasis cord application form.

MEDALLION OPTIONS (MINIMUM OF 2)

- Participation in a minimum of 3 community events over the course of 4 high school years where 3 solo pieces are performed by memory. Events where the participant receives payment for services DO NOT count.
- Have one year of teaching experience in dance either through private or class instruction. Must complete a designated number of hours of instruction as predetermined by a senior instructor.
- Completion of 2 additional solo pieces.
- Form their own ensemble group beyond the minimum requirement in course work - there must be evidence of regular practice meetings and at least 2 performances during a 12-month period.
- Participate in at least 2 competitions of a chosen dance.

The options listed are not all inclusive. If you wish to apply yourself in other ways, include those when you submit your proposed plan.

Honors & Experience

Frequently Asked Questions

Q WHERE AND WHEN DO I BEGIN?

A Begin preparation *before your freshman year* or as early as possible. Your first step is to make an Aspire appointment, then to read all instructions on [the online form](#).

Q I HAVE BEGUN LATE IN THE GAME. HOW SHOULD I PROCEED?

A Set up an [Aspire appointment](#) to see what cords you qualify for or should work towards. Then, begin documenting all your current high school progress on [the online form](#) and receive feedback by submitting for review.

Q WHERE CAN I FIND COURSES TO SATISFY THE REQUIREMENTS?

A Quest dance classes are the best way to fulfill this academic journey! Students also may wish to take Quest's private lessons or receive additional instruction through an outside dance studio.

Q HOW DO I DOCUMENT WORK COMPLETED OUTSIDE QUEST?

A Since outside programs offer courses that could qualify towards emphasis cords or medallions, students can ask for approval for outside classes by describing and submitting their past or current progress for review on [the online form](#). Credibility of scores must be provided in some way; this may be a report card, proof of completion email, or signature from teacher or advisor.

Frequently Asked Questions

Q HOW DO THESE ACALADES APPLY TO MY FUTURE?

A Emphasis Cords and Medallions are helpful in applying for scholarships and getting into honors collages and groups. They also help you to excel in particular fields.

Q I NEED THESE HONORS BEFORE I APPLY TO COLLEGE AS A JUNIOR!

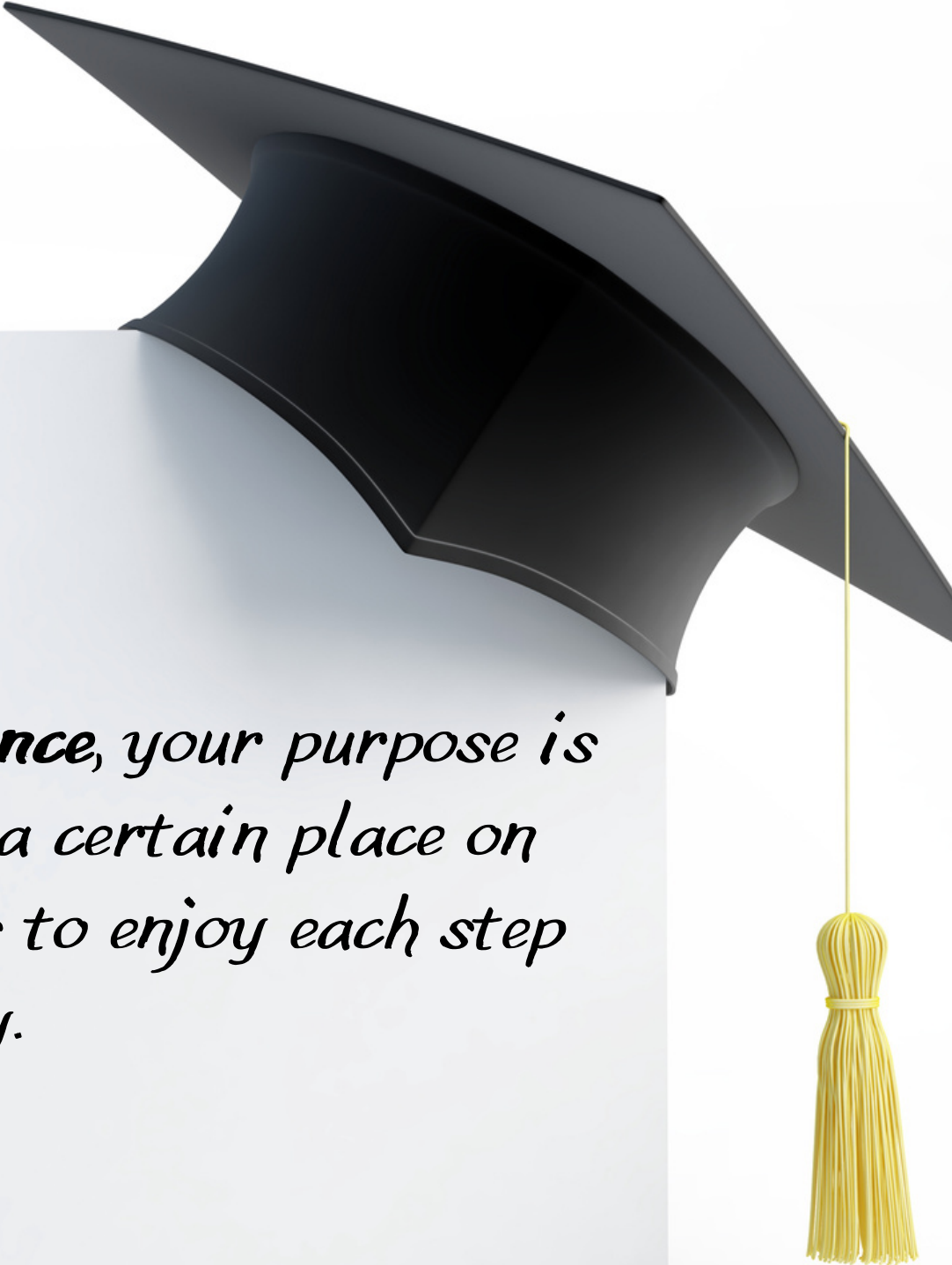
A If you are applying to collages in your junior year and want these honors on your transcript before graduation, please work with our Student & Parent Life Coordinator. Coursework can be completed and reviewed anytime during your high school year.

Q WHO CAN I TALK TO ABOUT CUSTOMIZABLE OPTIONS?

A Set up an advising meeting with our Student & Parent Life Coordinator. She will walk you through options we offer all our students and the best path to your individual success.

Q WHAT ARE HONORS CONTRACTS AND HOW DO I GET AND USE ONE?

A Individual Honors Contracts are available to all students to elevate any of Quest's high school courses to an honors class. Emphasis Cords require two honors (or dual credit) courses to be completed. Honors Contracts allow students to meet these requirements if a class is not already listed as AP/honors.



*When you **dance**, your purpose is not to get to a certain place on the floor. It's to enjoy each step along the way.*

-

Wayne Dyer